

Lesson 1:

Take-Off . . . With Adopt-A-Pilot!

FLIGHT ROUTE

Where You'll Go Today

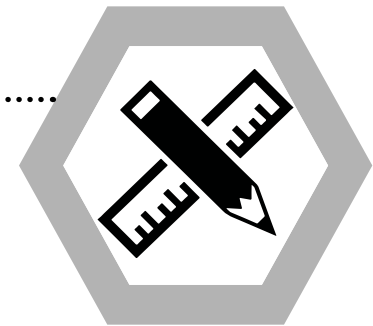
• In this lesson you will:

- Learn more about the Adopt-A-Pilot program, an adventure in learning, discovery and fun!
- Get to know your Pilot and learn how they pursued their career in aviation.
- Use your imagination to brainstorm what skills and subjects are needed to be successful in different careers.
- Learn about the Adopt-A-Pilot **F.L.I.G.H.T.** Values, which can help guide you throughout life.



MATERIALS

- *(Optional):* Dictionary or thesaurus (from the classroom)



THE ADOPT-A-PILOT VALUES

F

FEARLESSNESS



noun |

: without fear

: bold or brave; intrepid

CRUISE - TO A SUCCESSFUL CAREER

In-Class Activity 1

Take a minute to think about what a doctor does every day. Do they help you feel better when you are sick? Can they fix a broken bone? Yes! The reason they can do this is because they have skills and have studied subjects that make them good at their job. What skills do they have? Are they good with their hands? A good listener? What subjects did they study? Biology, Medicine? Every career requires its own set of specific skills and subject knowledge. This activity will explore different careers and the skills and subjects that they use!

SKILL

- *Skill: an ability, coming from one's knowledge, aptitude, or practice, to do something well.*
- A skill can come 'naturally', be something you have already learned, or it can be something that with practice, you will be good at one day.
- There are many ways to say that you are skilled. For example, your coach might say that you are a talented soccer player or your teacher might say that you have a knack for problem solving.

SUBJECT

- *Subject: a branch of knowledge that you study or learn.*
- A subject doesn't always have to be something that's taught in school. For example, your mom can teach you how to knit!
- Sometimes a subject can also be a skill. For example, you can be good at math and also study math in school.

If you already know what you want to be when you grow up, you can start focusing now on developing the skills and subject knowledge that are important to your career. If you don't know what you want to be yet, you can look at what skills and subjects you like (or are good at) to help you decide upon a career that you will love.



CAREER SKILLS AND SUBJECTS

Directions: As a class fill-in the table as you explore different skills and subjects professionals need for their careers.

CAREERS	SKILLS	SUBJECTS
Pilot	Problem solving Hand-eye coordination	Physics Math







CRUISE - LET YOUR DREAMS TAKE F.L.I.G.H.T.

In-Class Activity 2

You probably have heard that you should always tell the truth and be kind to others. These are great examples of values. A value is something you should consider to be important. We all have our own values, they add to the quality of our life, and help us make decisions based on what is right or ethical. During Adopt-A-Pilot you will learn the **F.L.I.G.H.T.** Values that can help guide your behavior and aid in your decision-making for the rest of your life.

Directions: Work as a class to complete a list of synonyms or phrases that describe each letter of the **F.L.I.G.H.T.** Values.

Note:* Each of the Adopt-A-Pilot **F.L.I.G.H.T. Values are explained in detail on the inside cover.

	FEARLESSNESS _____ _____	_____ _____
	LEADERSHIP _____ _____	_____ _____
	IMAGINATION _____ _____	_____ _____
	GRATITUDE _____ _____	_____ _____
	HONESTY _____ _____	_____ _____
	TENACITY _____ _____	_____ _____



LANDING

Wrapping Up the Lesson

- Congratulations! Today you:
 - You learned about the Adopt-A-Pilot program, and got to know a little bit about your 'adopted' Pilot.
 - Explored different careers and considered what skills and subjects are needed to be successful in those professions.
 - You discovered the **F.L.I.G.H.T.** Values and what they mean. Remembering and applying the Adopt-A-Pilot **F.L.I.G.H.T.** Values can help you achieve anything you dream of.



POST-FLIGHT CHECKLIST

A Briefing For Your Pilot's Next Visit

- While your Pilot is away, complete the **1ST SOLO FLIGHT – WHEN I GROW UP, I WANT TO BE...** activity. This activity will take a closer look at your future career goals and the Adopt- A-Pilot **F.L.I.G.H.T.** Values.
- Between now and the next time your Pilot visits, your teacher may have you complete **LESSON 1A: WHILE THE PILOT IS AWAY . . . WHERE IN THE WORLD?** This geography and math lesson follows your Pilot while they are at work.
- During your Pilot's next visit, you will explore the world of geography and time zones using a Southwest Airlines destination map. You will also re-visit the Adopt-A-Pilot **F.L.I.G.H.T.** Values, focusing on the value of **IMAGINATION.**



1ST SOLO FLIGHT - WHEN I GROW UP I WANT TO BE...

At-Home Activity

PART ONE: THE ADOPT-A-PILOT F.L.I.G.H.T. VALUES

1. The Adopt-A-Pilot **F.L.I.G.H.T.** Values will help me live a successful life. These values are:

F _____
L _____
I _____
G _____
H _____
T _____



2. Name five people you think exhibit **FEARLESSNESS!** (Think of famous people as well as people that you know!)

1. _____ 4. _____
2. _____ 5. _____
3. _____

PART TWO: CAREERS AND GOALS

1. When I grow up I want to be: _____

2. Three skills I need for this career are:

1. _____ 2. _____ 3. _____

3. Two school subjects I need to study for this career are:

1. _____ 2. _____

4. Circle the skill(s) you will need to practice.

5. Circle the subject(s) you are looking forward to studying.

6. Discuss your career dreams with an adult who you admire. What advice do they have that will help you?

7. How will **FEARLESSNESS** help you achieve your career goals? _____

